## Hapkido 9th/8th Kup - Yellow Belt

Belt Size	Class Day	Class Time	Today's Date
Name		Instructor	E-mail
Address		Starting Date	Birth Date
City	_ State	Zip Code	Phone
PUNCHING and ST			
Reverse Punch			
Moving Punch			
Palm Heel			
Tiger Mouth			
Tiger Claw			
Knife Hand			
BLOCKS			
Inside Touch			
Outside Middle			
Low Inside			
Low Outside			
High			
45 Degree			
KICKS			
Crescents			
Knee Kick			
Front Kick			
Half Moon			
Roundhouse			
Back Kick			
Side Kick			
I recognize that belt	s are awarded only v	when specific standards of pe	erformance can be met by the student
during testing. If I d	o not achieve the de	sired rank, I may test again,	at no cost, for that rank at the next

testing session. I recognize that promotion standards are uniform and that each belt reflects a specific

Student Signature \_\_\_\_\_

level of competence.

BODY MOVEMENT with Blocks						
Movement	Block					
Front and Back	High					
Side to Side	Outside Middle					
Slide Back 45	Outside Middle					
Inside Pivot	45 Degree, Inside					
Back Pivot	Low Inside					
Cross-Step and Turn	Inside					
Back Spin	Outside Middle					
Back Step	Low Outside					
SELF DEFENSE						
Punch Defenses -Footwork Only (5)						
ATTACKS FROM THE	REAR					
Arms Pinned						
Arms Free						
Arm Choke						
ATTACKS FROM THE	FRONT					
Arms Pinned						
Arms Free						
Hand Choke						
FALLING						
Standing (In Base)						
Back Fall						
Side Fall						
Forward Roll						
Landing Position						
Pass to 8th Kup Pass to 9th Kup Fail						
Judge Signature						