

**Hapkido 2nd Kup - Red Belt**

Belt Size \_\_\_\_\_ Name \_\_\_\_\_ Today's Date \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Class Day \_\_\_\_\_ Address \_\_\_\_\_ Starting Date \_\_\_\_\_ Birth Date \_\_\_\_\_  
 Class Time \_\_\_\_\_ Last Promotion Date \_\_\_\_\_ Age \_\_\_\_\_

	ATTACKS FROM THE REAR		ATTACKS FROM THE FRONT		
Arms Pinned					
Arms Free					
Hand Choke					
Hair Pull					
Cross Shoulder Grab					
Double Shoulder Grab					
Cross Elbow Grab					
Double Elbow Grab					
Cross Wrist Grab					
Double Wrist Grab					
Sleeve Grab					
Cross Sleeve Grab					
Double Sleeve Grab					
One Free/One Pinned					
Arms Locked					
Arm Choke					
Full Nelson					
Lapel Grab					
Cross Lapel Grab					
Double Lapel Grab					
Grab and Punch					
Head Lock (Front)					
Head Lock (Side)					
Waist Tackle					
PUNCH DEFENSES		KICK DEFENSES		WEAPON DEFENSE	
Vs Cross (12)		Random (10)		Club (5)	
Vs Hook (6)		Reaction Time		Knife (5)	
Reaction Time		Blocks		Gun (5)	
Blocks		Counter Attacks			
Counter-Attacks					

I recognize that belts are awarded only when specific standards of performance can be met by the student during testing. If I do not achieve the desired rank, I may test again, at no cost, for that rank at the next testing session. I recognize that promotion standards are uniform and that each belt reflects a specific level of competence.

Pass \_\_\_\_\_ Fail \_\_\_\_\_

Student Signature \_\_\_\_\_

Judge Signature \_\_\_\_\_

FALLING			BODY MOVEMENT- STICK			
Back Fall			Front & Back	Downward Diagonal- Backhand		
Side Fall			Side to Side	Downward Diagonal- Backhand		
Front Fall			Slide Back 45	Downward Diagonal- Backhand		
with short dive			Inside Pivot	Downward Diagonal- Backhand		
Roll Out			Back Pivot	Downward Diagonal- Backhand		
over obstacle			Cross-Step & Turn	Downward Diagonal- Backhand		
Side Roll			Back Spin	Downward Diagonal- Backhand		
8 Directional Roll			Back Step	Downward Diagonal- Backhand		
HAND TECHNIQUES						
<i>Mil Gi</i>			Come-a-longs (5)			
Elbow Grab (10)			<i>Dungee Gi</i>			
Shoulder Grab (10)			Elbow Grab (10)			
Body Movement			Shoulder Grab (10)			
Reaction Time			Body Movement			
Counter Attack			Reaction Time			
<i>Job Gi</i>			Counter Attack			
Elbow Grab (10)			Grab and Throw (8)			
Shoulder Grab (10)			LOCKS			
Body Movement			Defenses (6)			
Reaction Time			2 Lock Flows (4)			
Counter Attack			TEACHING DEMONSTRATION- 1-1			
<i>Keuk Gi</i>			Progression			
Elbow Grab (10)			Corrections			
Shoulder Grab (10)			Pressure Points (3)			
Body Movement			KUNJA OUTLINE			
Reaction Time			Demonstrated Teaching			
Counter Attack						
Grab and Lock (8)						
			Back Crescent		Thunder Kick	
			Drop Back Side		Jump Back Side	
			Drop Back Spin		Jump Back Crescent	
KICKS			Jump Front (front)		Jump Back Spin	
Front			Jump Front (back)		Double Front (apart)	
Front Twist			Jump Front 45		Double Front (together)	
Half Moon			Jump Roundhouse (front)		Kick/Sliding Kick	
Roundhouse			Jump Roundhouse (back)		Inside/Outside Crescent	
Side			Jump Roundhouse 45		Roundhouse/Back Spin	
Back Side			Jump Side (front)		Side/Back Side	
Back Spin			Jump Side (back)		Own Combinations	
Back Spin-hook			Jump Side 45			